



# Prestige Services, Inc. School Breakfast Menu 2010



<b>French Toast Sticks</b> <b>Chilled Juice</b> <b>Milk</b> <b>1</b>	<b>Waffles &amp; Syrup</b> <b>Fresh Banana</b> <b>Milk</b> <b>2</b>	<b>Warm Blueberry Muffin</b> <b>Chilled Fruit Cocktail</b> <b>Milk</b> <b>3</b>	<b>Bagel &amp; Cream Cheese</b> <b>Chilled Fruit Juice</b> <b>Milk</b> <b>4</b>	<b>Breakfast Burrito</b> <b>Chilled Fruit Juice</b> <b>Milk</b> <b>5</b>
<b>Waffles &amp; Syrup</b> <b>Chilled Juice</b> <b>Milk</b> <b>6</b>	<b>Egg and Cheese Wrap</b> <b>Chilled Fruit Juice</b> <b>Milk</b> <b>7</b>	<b>Breakfast Pizza</b> <b>Chilled Fruit Juice</b> <b>Milk</b> <b>8</b>	<b>Warm Corn Muffin</b> <b>Chilled Fruit Juice</b> <b>Milk</b> <b>9</b>	<b>Bagel &amp; Cream Cheese</b> <b>Chilled Fruit Juice</b> <b>Milk</b> <b>10</b>
<b>Sausage, Egg &amp; Cheese</b> <b>on an English Muffin</b> <b>Fresh Apple &amp; Milk</b> <b>11</b>	<b>Pancakes &amp; Syrup</b> <b>Chilled Fruit Juice</b> <b>Milk</b> <b>12</b>	<b>Egg &amp; Cheese Biscuit</b> <b>Chilled Fruit Juice</b> <b>Milk</b> <b>13</b>	<b>Strawberry Banana Yogurt</b> <b>Slice of Toast</b> <b>Chilled Fruit Juice &amp; Milk</b> <b>14</b>	<b>(2)Cinnamon Toast</b> <b>Chilled Peaches</b> <b>Milk</b> <b>15</b>
<b>Pancakes &amp; Syrup</b> <b>Chilled Juice</b> <b>Milk</b> <b>16</b>	<b>Warm Cranberry Muffin</b> <b>Chilled Fruit Juice</b> <b>Milk</b> <b>17</b>	<b>Bagel &amp; Cream Cheese</b> <b>Chilled Juice</b> <b>Milk</b> <b>18</b>	<b>(1)Hash Brown (2)Sausage</b> <b>Links w/ slice of toast</b> <b>Fruit Juice &amp; Milk</b> <b>19</b>	<b>French Toast Sticks</b> <b>Chilled Juice</b> <b>Milk</b> <b>20</b>
<b>Bagel &amp; Cream Cheese</b> <b>Fresh Banana</b> <b>Milk</b> <b>21</b>				

Cereal is offered as a daily breakfast entrée alternate An 8 oz milk is served with each meal.  
 Ala Carte Items in addition to your meal are available for purchase daily. Milk Choices are 1%, 2% Skim or 1/2% Chocolate. Any item with an \* may contain Turkey, Pork or Beef.  
 Any questions please call Rebecca Baldwin at (518)573-0702 If your child has a food allergy please notify US.



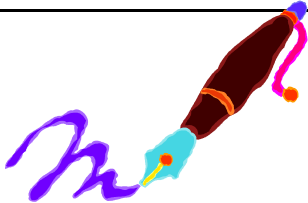
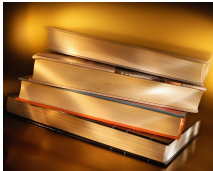




# Prestige Services, Inc.

## School Lunch Menu 2010



<b>Buffalo Chicken Nuggets</b> <b>Vegetarian Beans</b> <b>Applesauce</b> <b>Chilled Milk</b> <b>1</b>	<b>*Italian Dunkers</b> <b>With Meat Sauce</b> <b>Green Beans</b> <b>Peaches &amp; Milk</b> <b>2</b>	<b>*Macaroni &amp; Cheese</b> <b>Sweet Peas &amp; Bread</b> <b>Mixed Fruit</b> <b>Chilled Milk</b> <b>3</b>	<b>Chicken Stir Fry</b> <b>White Rice</b> <b>Mandarin Oranges</b> <b>Chilled Milk</b> <b>4</b>	<b>Meat Lovers Pizza</b> <b>Sweet Corn</b> <b>Pineapple Tidbits</b> <b>Chilled Milk</b> <b>5</b>
<b>Pulled BBQ Chicken on a Bun</b> <b>Sweet Peas</b> <b>Peach Slices</b> <b>Chilled Milk</b> <b>6</b>	<b>*Pizza Burger on a Bun</b> <b>Sweet Corn</b> <b>Chilled Pineapple</b> <b>Chilled Milk</b> <b>7</b>	<b>Asian Chicken Nuggets</b> <b>Tossed Salad</b> <b>Chilled Pears</b> <b>Chilled Milk</b> <b>8</b>	<b>*Hot Dog on a Bun</b> <b>Vegetarian Beans</b> <b>Banana</b> <b>Chilled Milk</b> <b>9</b>	<b>Buffalo Chicken Pizza</b> <b>Green Beans</b> <b>Spiced Apples</b> <b>Chilled Milk</b> <b>10</b>
<b>Chicken, Mashed Potato,</b> <b>Gravy &amp; Corn Bowl</b> <b>Carrots &amp; Oranges</b> <b>Bread &amp; Milk</b> <b>11</b>	<b>*Hamburger Deluxe on a Bun</b> <b>(Tomato &amp; Lettuce)</b> <b>Corn &amp; Fruit Cocktail</b> <b>Chilled Milk</b> <b>12</b>	<b>Taco Salad</b> <b>Green Beans</b> <b>Peaches</b> <b>Chilled Milk</b> <b>13</b>	<b>Fish Fry on a Bun</b> <b>Tater Tots</b> <b>Pineapple</b> <b>Chilled Milk</b> <b>14</b>	<b>*Beefy Macaroni &amp; Cheese</b> <b>Cooked Carrots</b> <b>Bread &amp; Mixed Fruit</b> <b>Chilled Milk</b> <b>15</b>
<b>*Meatloaf &amp; Gravy</b> <b>Mashed Potatoes &amp; Bread</b> <b>Peaches</b> <b>Chilled Milk</b> <b>16</b>	<b>*Beef &amp; Bean Burrito</b> <b>White Rice</b> <b>Pears</b> <b>Chilled Milk</b> <b>17</b>	<b>Chicken Parmesan</b> <b>Over Spaghetti</b> <b>Green Beans</b> <b>Applesauce &amp; Milk</b> <b>18</b>	<b>*Chili Rotini Bake</b> <b>Sweet Corn</b> <b>Fruit Cocktail</b> <b>Chilled Milk</b> <b>19</b>	<b>Rib-B-Q on a Bun</b> <b>Green Beans</b> <b>Pineapple</b> <b>Chilled Milk</b> <b>20</b>
<b>*Meatball Submarine</b> <b>Yellow Corn</b> <b>Fresh Apple &amp; Milk</b> <b>21</b>				

Your child may be eligible to receive breakfast and lunch for free. Please pick up a application and get more details in the school office. If your child has an allergy please notify the cafeteria. Thank you!  
 If you have any questions about our program, please contact Rebecca Baldwin at (518)573-0702  
 THANK YOU!

Every day students have choices other than the main entrée for lunch.

- 1) Yogurt Parfait
- 2) Peanut Butter & Jelly or Deli Sandwich Special daily
- 3) Chef Salad
- 4) Hot Entrée Alternate Available Daily.

Fresh Fruit Is Offered Daily With Each Meal. An 8 oz. milk is served with each meal. Milk choices are: Skim, 1%, 2% and 1/2% Chocolate.  
 Student Lunch 2.00 Adult Lunch 2.85+tax  
 Milk .55 Adult Milk .55+tax